



## What Is a Cataract?

Cataract refers to the lens within the eye which has become cloudy with time. Cataract causes your vision to become hazy and blurry. Cataract eventually affects everyone and usually causes vision problems such as glare, halos, and reduced vision in 60 and 70 years of age. Certain medications and medical conditions such as diabetes can cause early cataract formation.

## What Are the Symptoms of Cataracts?

- Cloudy or blurry vision
- Colors seem faded
- Poor night vision
- Glare and halos around lights

## How Are Cataracts Treated?

There are no medications to reverse or cure cataracts. Sometimes glasses can help but the vision will progressively get worse with time. The only effective treatment is the replacement of the cloudy lens with a new clear lens. Dr. Nazari uses modern and proven technology to implant a new lens. The new lens will restore your vision and, in most cases, will reduce the need for glasses.

## Which Lens Is Right For You?

- Monofocal Lens with minor Astigmatism treatment – provides excellent distance vision with enhanced image quality
- TORIC Lens- provides excellent distance vision with enhanced image quality and corrects astigmatism
- Multifocal Lens- provides good vision at near and far with good image quality



### **Kourosh Nazari, MD, FACS**

Dr. Nazari is board-certified and specializes in cataract and refractive procedures with 20 years of experience. He has performed **more than 30,000** successful cataract procedures and is one of the most experienced cataract surgeons in the Tri-State area. He is the choice of many referring doctors in the area. Using safe advanced techniques his patients can see clearly with less dependence on glasses. In addition to advanced cataract surgery, Dr Nazari also performs minimally invasive glaucoma surgery.

Dr. Nazari is a fellow of American College Surgeon and American Academy of Ophthalmology. He received his cataract surgery training at the University of Pittsburgh Medical Center. He has multiple publications and has written four books.